When do you need to get tested?

When do you need to quarantine or self-isolate?

DO YOU HAVE ANY SYMPTOMS?

Symptoms:
- cold-like symptoms
- coughing
- shortness of breath
- fever
- sudden loss of taste and smell (without a blocked nose)
- fatigue

NO

Do you suspect you might be infected or have you been in a red zone or high-risk area abroad?

NO

Are any of your close contacts COVID-positive?

NO

No test required.
No quarantine required.

YES

YES

10 days of quarantine.
If you develop any symptoms during this period, get tested.

YES

Get tested, and stay at home and self-isolate while you wait for the results.
Ask those living in your house and your close contacts to go through this flow chart as well.

Is the test positive?

YES

You need to self-isolate.
- Those living in your house and any other people you had close contact with should quarantine for 10 days. If they also develop symptoms during this period, they should get tested.
- Your general practitioner will start the contact tracing process with you.
- If you have the Corona App, you should report in the app that you tested positive.

NO

No self-isolation or quarantine required.

What is the difference between quarantine and self-isolation?

Quarantine

If someone you were in close contact with tested positive for COVID-19 (= you are a high-risk contact), you have to go in quarantine. This lasts for 10 days from the last contact you had with the infected person or until you get negative test results. As you may be infected, you must stay at home without receiving visitors. Exceptions apply to healthcare staff and security officers. After your quarantine, you need to be extra careful for another 4 days.

Self-isolation

You need to self-isolate if you have tested positive for COVID-19. Isolation lasts for at least 7 days, from the start of your symptoms. You can only get out of isolation if you do not have a fever for 3 days and your symptoms have clearly improved. You are considered "infectious."

Always follow the 6 golden rules!

Respect the hygiene measures

Hold activities outdoors when possible

Look out for vulnerable people

Maintain your distance (1.5 m)

Limit your close contacts

Follow the rules about gatherings

Information from the COVID-19 Commission.

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